



Dr Mark Robinson

Orthopaedic Shoulder & Upper Limb Surgeon

BAppSc, MBBS, FRACS, FAOrthA

AREAS OF EXPERTISE

Shoulder

- Shoulder arthroscopy (keyhole surgery)
- Anatomic shoulder replacement
- Reverse shoulder replacement
- Shoulder hemiarthroplasty
- Rotator cuff repair
- Shoulder stabilisation surgery

Elbow, wrist & hand

- Elbow and wrist arthroscopy
- Elbow, wrist, thumb and finger joint replacement
- Carpal tunnel release
- Trigger finger release
- Arthritis surgery
- Tendon, nerve and microvascular surgery

PROFESSIONAL MEMBERSHIPS

- Australian Orthopaedic Association
- Australian Shoulder and Elbow Society
- Queensland Shoulder Society
- Queensland Hand Society
- Australian Medical Association

Dr Mark Robinson is a Queensland-trained orthopaedic surgeon specialising in shoulder and upper limb surgery. After completing his orthopaedic training and Fellowship of the Royal Australasian College of Surgeons, he undertook further post-fellowship training in the shoulder, elbow, wrist and hand. Mark is one of only a few orthopaedic surgeons in Queensland to have completed two highly competitive sub-specialty clinical fellowships in the shoulder and upper limb.

In 2018, Mark established Balance Orthopaedics on the Sunshine Coast, offering advanced operative and non-operative treatment. His approach considers not only the mechanical aspects of orthopaedic care, but also the wider factors that affect each patient's overall health. Clear communication and patient-centred care are at the heart of his practice.

With a background in elite sport, Mark understands the demands of recovery and rehabilitation, and what it takes to return to the sporting field. Outside work, he enjoys an active Sunshine Coast lifestyle with his wife and four children, including hiking, mountain biking and surfing.

QUALIFICATIONS

- Fellow of the Royal Australasian College of Surgeons (FRACS)
- Fellow of the Australian Orthopaedic Association (FAOrthA)
- Bachelor of Medicine and Bachelor of Surgery (University of Queensland)
- Bachelor of Applied Science – Human Movement Studies (Queensland University of Technology)

FELLOWSHIPS

Hand and Upper Limb Fellowship (12 months)

Brisbane Hand and Upper Limb Clinic, Princess Alexandra Hospital, Queensland

Arthroscopic Reconstructive Surgery and Athletic Injuries Fellowship (12 months)

University of British Columbia, Vancouver, Canada

CURRENT APPOINTMENTS

- Founder and surgeon, Balance Orthopaedics & Fracture Clinic, Noosa Heads
- Surgical consultant, Advita Ortho

OPERATING HOSPITALS

- Noosa Hospital
- Buderim Private Hospital