



Dr Mark Robinson

BaAppSci, MBBS, FRACS, FAOrthA
Orthopaedic Shoulder & Upper Limb Surgeon

Mark is a Queensland trained orthopaedic surgeon specialising in shoulder and upper limb surgery. After earning his Orthopaedic Fellowship from the Royal Australian College of Surgeons, he pursued additional post-fellowship training years in the shoulder, elbow, wrist and hand. Mark is one of only a few orthopaedic surgeons in Queensland to have completed two highly competitive, sub-specialty clinical fellowships in the shoulder and upper limb.

In 2018, Mark established Balance Orthopaedics on the Sunshine Coast, where he offers advanced operative and non-operative treatments. His approach integrates not only the mechanical aspects of orthopaedic care but also the physiological factors affecting each patient's overall health. Effective patient communication and care are central to Mark's practice.

With a background in elite sport, Mark understands the rigours of recovery and rehabilitation from injury to return to the sporting field. Outside of his professional commitments, he enjoys an active lifestyle on the Sunshine Coast with his wife and four children, often engaging in hiking, mountain biking, and surfing.

Special Interests:

Shoulders:

- Hemiarthroplasty
- Anatomic Shoulder Replacement
- Reverse Shoulder Replacement
- Rotator Cuff Repair
- Stabilisation surgery

Elbow, Wrist & Hand:

- Carpal tunnel
- Trigger finger
- Arthritis surgery
- Tendon, nerve and microvascular surgery

Professional Memberships:

- Queensland Hand Society
- Queensland Shoulder Society
- Australian Shoulder and Elbow Society
- Australian Medical Association

Qualifications and Experience:

- Fellow of the Royal Australasian College of Surgeons
- Fellow of the Australian Orthopaedic Association
- Post Fellowship subspecialty training:
 - › Upper Limb Fellowship through Brisbane Hand and Upper Limb Clinic at the Princess Alexandra Hospital; Queensland, Australia (12 months)
 - › Arthroscopic Reconstructive Surgery and Athletic Injuries Fellowship at the University of British Columbia; Vancouver, Canada (12 months)
- Current staff specialist at the Sunshine Coast University Hospital
- Bachelor of Medicine and Bachelor of Surgery (University of Queensland)
- Bachelor of Applied Science - Human Movement Studies (Queensland University of Technology)
- Surgical Consultant for Exactech Australia

Mark is accredited to operate at the Noosa Hospital, Buderim Private Hospital, and Nambour Selangor Hospital.



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